



# AAGP

*Australian Association of  
Group Psychotherapists*

## Training Programme in Group Psychotherapy

**Pre-requisites** – a clinical degree within health or allied field. Employment in the clinical field, with access to potential members for training psychotherapy groups is advantageous.

Psychoanalytic theory will form a central part of the training with group theory developed on the basis of this. Prior learning in this area is an advantage.

Group psychotherapy concurrent with the training is required to complete the course. An experience of individual psychoanalysis or psychoanalytic psychotherapy is also required and can be credited prior to starting, or can be undertaken as part of the training.

**Locations** –The seminars are conducted from various states with trainees joining either over the telephone or via Skype. Candidates are expected to attend the 3 annual weekend conferences of the AAGP in Melbourne, Sydney and Brisbane, and to participate in block training in experiential groups. Group therapy and supervision will be available in these 3 centres

**Time Commitment** - the course comprises 4 years of modules, and includes weekly seminars, during school/university semesters; attendance at the weekend conferences and experiential group 3 times a year, as well as additional time for conducting group observations or therapy groups and supervision of these activities on a weekly basis. **Please note – there is no requirement that the course is finished within 4 years.**

**Cost** – will be clarified, but is between \$2000 and \$3000 per year for seminars etc. Some centres will be offering a one year experiential group for those interested, and payment options for these may be either included in the fees, or billed as a separate item. In addition the cost of individual group therapy and supervision will need to be negotiated individually between the relevant practitioners. There will also be travel costs to conferences and experiential groups.

It is important to note that Medicare does not give a rebate for a training therapy.

**Training Group Therapy** – it is a requirement that trainees have their own personal group therapy concurrent with the training programme. A list of accredited therapists is available from the Training Co-ordinators.

**Accreditation of prior learning** – those applicants with previous experience or training are encouraged to submit detailed documentation outlining their background to the Training Committee for consideration.

Completion of the training will meet requirements for membership of the AAGP which is a foundation member of the currently forming Australian Confederation of Psychoanalytic Psychotherapies.

**If you have any questions please contact the National Training Co-ordinators:**

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